

# Our research

ReMind UK patients have the unusual benefit that we run a full research programme into problems of ageing, particularly memory loss.

You can volunteer to be part of one of our research studies, which may involve ongoing contact and regular check-ups outside of the Memory Clinic setting.



“Les and I first became involved with the Centre in 2015 following his referral by our GP and have returned many times over the years for memory assessments and for Les to take part in a research study.

We have always found staff to be very helpful and caring. We are so grateful for their kind support, they feel like members of our family and we are happy to support their much-needed research into dementia treatment.”

**Margaret**

## How we use your information

As someone who uses ReMind UK’s memory or support services or participates in research or clinical trials, we will hold information about you. You can read our full Privacy Policy on our website or request a copy by contacting us on 01225 476420. ReMind UK will only share your information with people involved in your treatment or care or in order to communicate with you. You can consent to hearing from ReMind UK by email via our website or requesting a form from the Memory Clinic. You can opt out from hearing from us at any time.

# About us

**ReMind UK is an independent charity getting ahead of dementia.**

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## **World-leading research**

Our Research Institute for Brain Health conducts first-class clinical and academic research into better treatment and care for people affected by dementia.

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## **Memory clinic and diagnosis**

Expert assessment, diagnosis and treatment for those who are worried about their memory. We are commissioned by the NHS to provide the Memory Clinic for Bath and North East Somerset and we also offer private consultations on a self-pay basis.

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## **Support for you and your loved ones**

We provide information, support, courses, activities and events for people diagnosed with dementia and their carers.

Some of our clinical trials are carried out in partnership with pharmaceutical companies, however we raise all funding for our academic research. We also fundraise for the support services we provide free of charge to patients, carers and families.

We produce a ReMind UK Newsletter which includes information about our research, support services and fundraising activity. A contact form is provided with your clinic paperwork or ask a member of staff and we will add you to our mailing list.

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# ReMind<sup>UK</sup>

Getting ahead of dementia

# Memory clinic

A purpose built clinic with its own car park  
in the RUH grounds, run by a specialist team  
of doctors, nurses and psychologists.



Registered charity in England and Wales (no.1042559)

# Aims & expectations

## Aims of the Memory Clinic

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- 1** To conduct an in-depth assessment of your memory and thinking.
  - 2** To make a diagnosis and offer treatment where appropriate.
  - 3** To provide advice and information, and put you in touch with other services in the community which can help you.
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## What to expect

Your first appointment with us will last about one and a half hours. It may be with a doctor, a nurse or a psychologist, depending on the referral information provided by your GP.




We will assess your memory and thinking by asking a series of questions. We will ask you about your memory and thinking. If you agree, we will also spend some time with the person who accompanies you to get a full idea of the difficulties you are experiencing.

Our building is fully accessible. We can provide hearing loop technology and large print materials.



# Appointment

## What to bring

-  Please bring a relative or friend who knows you well.
-  Your reading glasses and hearing aids if you need them.
-  A list of your current medication and the completed paperwork that we sent you.

## How to find us



### By Car

The ReMind UKw Centre is on the site of the Royal United Hospital (RUH) in Bath. We have a small car park that you're welcome to use when you visit, subject to availability. There are two disabled bays in the car park.

Enter the site via gate 3, on Penn Hill Road (BA1 4ED).



### By public transport

The RUH is around 1.5 miles outside the centre of Bath. Buses 4, 4a, 4b and 20 run between the city centre and the RUH. Please note that the buses arrive at the main hospital entrance; allow 15 minutes to walk to ReMind UK.

For further information or extra copies of the map visit our website.

# Our process



## 1. Diagnosis

We often make a diagnosis of a memory or thinking problem on your first visit. Sometimes we need to organise follow-up testing or scans. The person that you see will explain this at your appointment. We will also send you a copy of the letter from the clinic visit so that you can read this at your leisure.



## 2. Treatment and advice

Some memory problems such as Alzheimer's disease are suitable for treatment with medication, which we can prescribe if indicated for you.

All memory problems can be helped by lifestyle factors. We have extra support courses available for patients and carers to help you live as well as possible. We can also provide advice on accessing services in the community.



## 3. Discharge

We will monitor any medication that we prescribe until you are on the optimum dose. Once this has been achieved, we will discharge you from routine follow up, back to the care of your GP. We can see you again in the future if your GP thinks we can help.

ReMind UK offers lots of ways to connect, access support and learn more following a diagnosis. Ask our staff, sign up to our newsletter or check our website for details.